

THRIVING KIDS!

CARD Communication for Families

As parents, we all want our kids to thrive – to be the best they can be!

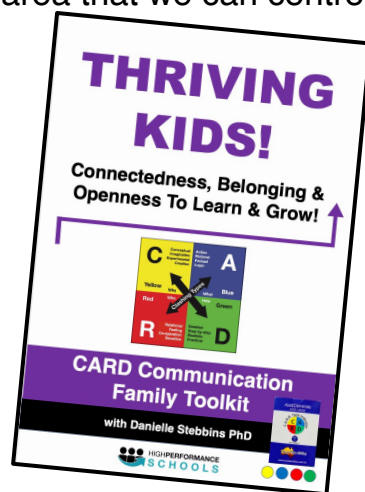
Whilst life is stressful and there's lots of things we can't control, optimising our communication to match our kids' unique personalities is an area that we can control.

Matching communication to meet the unique needs of each student is a priority focus area in our school and our staff are trained to use the CARD communication model to quickly ascertain each student's communication preferences and match to suit their needs.

Whilst as parents you already intuitively understand your kids better than others, using the CARD framework to map out their individual strengths and communication needs has two really important extra benefits:

- 1) Provide further insights to boost growth and development of your kids and enhance family dynamics (reduce difficulties and increasing the quality of family time).
- 2) Be able to share your insights on the CARD communication needs of your kids with our school staff to optimise the support strategies we use to meet their needs.

In this practical parent focused workshop, Dr Pete Stebbins will share practical tools and research around the CARD Communication Model and how easy this is to use with your family and partner with your school. Participants will also receive a copy of the CARD Communication Family Toolkit.



Where: LABRADOR STATE SCHOOL

When: Wednesday 17 July 2024 5 - 6pm

Cost: FREE

RSVP*: Contact Principal Stephen Josey

(*maximum 30 participants)

Dr Pete Stebbins, PhD is a psychologist with a research focus on family functioning, stress & coping, and the author of a number of books on personal wellbeing and educational leadership. Pete is the director of the High Performance Schools Program working with a large number of schools to maximise staff and student outcomes.

